JCC OFFICIAL COURSE OUTLINE

Course number, title and credits; total time allocation

Course Number **NUR 247** Credits **2** Title **Mental Health Transition**

Lecture/Discussion **15** hrs/semester Lab _____ hrs/semester Clinical **45** hrs/semester

Catalog Description and Pre- and Co-requisites (Same as taxonomy and catalog)

Students engage in learning experiences that promote satisfactory assimilation of fundamental mental health and mental illness concepts in their delivery and application of the nursing process with clients and family systems. A clinical component will be provided for students to demonstrate mental health nursing care to clients with self-care deficits within the wholly and partially compensatory and educative-supportive nursing system.

Prerequisite: Admission to the TNUR AAS. LPN to ADN transition program
Co-requisites: NUR 124, NUR 172

Knowledge, Skills and Abilities Students Acquire from this Course (Educational Objectives)

COURSE OBJECTIVES:
Nurse as a Provider of Care:
 1. Utilizes individualized therapeutic interaction techniques in communicating with diverse patient populations (including patient's significant others) across the life span.
 2. Accurately employs the nursing process in providing comprehensive mental health nursing care to individual patients and patient systems in supportive-educative, partially and wholly compensatory nursing systems.
 3. Discusses and describes based upon the nursing process how mental health promotion and mental health nursing interventions are fundamental to the therapeutic resolution of physiologically based self-care deficits.
 4. Correlates etiology associated with alterations of neurological functioning, genetic patterns & alterations of neurotransmission specific to DSM-5 classified mental health disorders.
 5. Demonstrates psychiatric-mental health nursing assessment of patients utilizing accepted mental health (including the mental status exam) and physical assessment techniques.
 6. Applies mental health nursing principles and mental health promotion concepts consistent with legal, professional and ethical standards in identifying self - care requisites and the potential for self - care by the patient/patient system.

Nurse as a Manager of Care:
 1. Professionally communicates with the multi-disciplinary health care team and reflects an accurate application of mental health nursing principles specific to the referenced patient/patient system.
2. Utilizes the evaluation process of the Nursing Process for self-growth and awareness and as a basis for the ongoing evaluation of safe, competent care.

Nurse as a Member of the Discipline:
1. Demonstrates behaviors characteristic of a professional nurse.
2. Accurately discusses the relationship of the legal and professional role and scope of the AAS-N graduate in relation to the practice of psychiatric -mental health nursing regardless of the setting in which care is delivered.

Associate Degree Outcomes Addressed in this Course (These must appear in course syllabus.)

ADO 5: Understanding Human Behavior at the proficient level.
ADO 10: Diversity at the proficient level.

Units/topics of Instruction

MENTAL HEALTH TRANSITION COURSE OUTLINE

1.   Therapeutic Communication and the therapeutic relationship

2.   Relevant theories for nursing practice

3.   Psychosocial Nursing Process and the identification of adaptive & maladaptive behaviors

4.   Psychotherapeutic approaches for care of patients in mental health settings

5.   Psychobiology in relation to mental health and illness

6.   Psychopharmacology and Complementary and Alternative Medicine

7.   Application of the nursing process associated with anxiety, obsessive or trauma related disorders

8.   Application of the nursing process for patients experiencing affective disorders

9.   Application of the nursing process associated with suicide, self/other directed violence & crisis intervention

10.   Application of the nursing process associated with patients experiencing psychosis or schizophrenia

11.   Application of the nursing process associated with patients experiencing neurocognitive impairments and or neurocognitive disorders

12.   Application of the nursing process for patients experiencing Substance Use disorders

13.   Application of the nursing process for patients experiencing Personality disorders

14.   Application of the nursing process associated with patients experiencing victimization and violence

15   Application of the nursing process with children and adolescent clients experiencing mental illness.

Instructional Techniques and Procedures

ONLINE
Discussion
Online activities
PowerPoint with audio
Exams

INDEPENDENT
Assigned
readings

CLASSROOM
Collaborative activities
Case studies
Lecture/Discussion
PowerPoint presentations
Guest speakers
Role plays
Student presentations
Videos
Quizzes

CLINICAL
Working Plan of care
Journal
Goal setting-
Cognitive, Clinical
Reasoning, Ethical
Simulation
Mandated Reporter
Training
Group attendance
Group development

Instructional Use of Computer or Other Technology

Students use computers for a variety of applications, such as journaling via email, participating in online discussions, searching the web, using library database searches, preparing papers, checking grades and course communication.

Instructional Materials and Costs to Students

Essentials of Psychiatric Mental Health Nursing: A Communication Approach to Evidence-Based Care, 2nd ED. , Elizabeth Varcarolis, 2013, ISBN: 978-0-323-28788-3 Cost: JCC Bookstore – $77.25; Amazon - $62.60.

Skills and abilities students should bring to the course

Able to read	____ a limited amount of material ____ an average amount of material **x** *an above average amount of material* ____	Able to compute	____ basic, pre-algebraic problems **x** simple algebraic problems ____ higher order mathematical problems ____
Able to read	____ relatively easy material ____ moderately difficult material **x** technical or sophisticated material	Able to write	____ short compositions **x** medium length compositions ____ lengthy compositions
Able to use technology	**x** keyboard skills/familiar with computer **x** computer application **x** *web navigation* ____	Other necessary abilities	**X** Excellent communication skills ____ ____

The course is usually scheduled

Day: [ ] Fall   [X] Winter   [ ] Spring

Evening: [ ] Fall   [ ] Winter   [ ] Spring

Prepared by _____Marina Martinez-Kratz_____   Date 11/19/15_____

Approved by Dept. _____   Date _____

Approved by Dean _____   Date _____

Approved by Curr. Comm. _____   Date _____

(Last names, please)   Form Revised

1/2/01