JCC OFFICIAL COURSE OUTLINE

Course number, title and credits; total time allocation

<table>
<thead>
<tr>
<th>Course Number</th>
<th>NUR 247</th>
<th>Credits</th>
<th>2</th>
<th>Title</th>
<th>Mental Health Transition</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lecture/Discussion</td>
<td>15 hrs/semester</td>
<td>Lab</td>
<td>Clinical</td>
<td>45 hrs/semester</td>
<td></td>
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</tbody>
</table>

Catalog Description and Pre- and Co-requisites (Same as taxonomy and catalog)

Students engage in learning experiences that promote satisfactory assimilation of fundamental mental health and mental illness concepts in their delivery and application of the nursing process with clients and family systems. A clinical component will be provided for students to demonstrate mental health nursing care to clients with self-care deficits within the wholly and partially compensatory and educative-supportive nursing system.

Prerequisite: Admission to the TNUR AAS. LPN to ADN transition program
Co-requisites: NUR 124, NUR 172

Knowledge, Skills and Abilities Students Acquire from this Course (Educational Objectives)

COURSE OBJECTIVES:

Nurse as a Provider of Care:
1. Utilizes individualized therapeutic interaction techniques in communicating with diverse patient populations (including patient’s significant others) across the life span.
2. Accurately employs the nursing process in providing comprehensive mental health nursing care to individual patients and patient systems in supportive-educative, partially and wholly compensatory nursing systems.
3. Discusses and describes based upon the nursing process how mental health promotion and mental health nursing interventions are fundamental to the therapeutic resolution of physiologically based self-care deficits.
5. Demonstrates psychiatric-mental health nursing assessment of patients utilizing accepted mental health (including the mental status exam) and physical assessment techniques.
6. Applies mental health nursing principles and mental health promotion concepts consistent with legal, professional and ethical standards in identifying self - care requisites and the potential for self - care by the patient/patient system.

Nurse as a Manager of Care:
1. Professionally communicates with the multi-disciplinary health care team and reflects an accurate application of mental health nursing principles specific to the referenced patient/patient system.
2. Utilizes the evaluation process of the Nursing Process for self-growth and awareness and as a basis for the ongoing evaluation of safe, competent care.

Nurse as a Member of the Discipline:
1. Demonstrates behaviors characteristic of a professional nurse.
2. Accurately discusses the relationship of the legal and professional role and scope of the AAS-N graduate in relation to the practice of psychiatric -mental health nursing regardless of the setting in which care is delivered.
Mental Health Transition Course Outline

1. Therapeutic Communication and the therapeutic relationship
2. Relevant theories for nursing practice
3. Psychosocial Nursing Process and the identification of adaptive & maladaptive behaviors
4. Psychotherapeutic approaches for care of patients in mental health settings
5. Psychobiology in relation to mental health and illness
6. Psychopharmacology and Complementary and Alternative Medicine
7. Application of the nursing process associated with anxiety, obsessive or trauma related disorders
8. Application of the nursing process for patients experiencing affective disorders
9. Application of the nursing process associated with suicide, self/other directed violence & crisis intervention
10. Application of the nursing process associated with patients experiencing psychosis or schizophrenia
11. Application of the nursing process associated with patients experiencing neurocognitive impairments and or neurocognitive disorders
12. Application of the nursing process for patients experiencing Substance Use disorders
13. Application of the nursing process for patients experiencing Personality disorders
14. Application of the nursing process associated with patients experiencing victimization and violence
15. Application of the nursing process with children and adolescent clients experiencing mental illness.
Instructional Techniques and Procedures

**ONLINE**
- Discussion
- Online activities
- PowerPoint with audio
- Exams

**INDEPENDENT**
- Assigned readings

**CLASSROOM**
- Collaborative activities
- Case studies
- Lecture/Discussion
- PowerPoint presentations
- Guest speakers
- Role plays
- Student presentations
- Videos
- Quizzes

**CLINICAL**
- Working Plan of care
- Journal
- Goal setting
- Cognitive, Clinical
- Reasoning, Ethical
- Simulation
- Mandated Reporter
- Training
- Group attendance
- Group development

Instructional Use of Computer or Other Technology
Students use computers for a variety of applications, such as journaling via email, participating in online discussions, searching the web, using library database searches, preparing papers, checking grades and course communication.

Instructional Materials and Costs to Students

Skills and abilities students should bring to the course

<table>
<thead>
<tr>
<th>Able to read</th>
<th>a limited amount of material</th>
<th>basic, pre-algebraic problems</th>
</tr>
</thead>
<tbody>
<tr>
<td>____</td>
<td>an average amount of material</td>
<td>simple algebraic problems</td>
</tr>
<tr>
<td>_____________</td>
<td>an above average amount of</td>
<td>higher order mathematical problems</td>
</tr>
<tr>
<td>material</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

| Able to compute | | |
|-----------------| | |
| _____________ | | |

<table>
<thead>
<tr>
<th>Able to read</th>
<th>relatively easy material</th>
<th>short compositions</th>
</tr>
</thead>
<tbody>
<tr>
<td>____</td>
<td>moderately difficult material</td>
<td>medium length compositions</td>
</tr>
<tr>
<td>______</td>
<td>technical or sophisticated material</td>
<td>lengthy compositions</td>
</tr>
</tbody>
</table>

| Able to write | | |
|---------------| | |
| _____________| | |

| Able to use technology | | |
|-------------------------| | |
| ________ | Excellent communication skills |
| keyboard skills/familiar with computer | |
| X | |
| computer application | |
| X | |
| web navigation | |

| Other necessary abilities | | |
|__________________________| | |

The course is usually scheduled

Day:  
- [ ] Fall  
- [X] Winter  
- [ ] Spring

Evening:  
- [ ] Fall  
- [ ] Winter  
- [ ] Spring

Prepared by: Marina Martinez-Kratz

Approved by Dept.

Approved by Dean

Approved by Curr. Comm.

Date 11/19/15

Form Revised 1/2/01