

# JACKSON COLLEGE OFFICIAL COURSE OUTLINE

## Course number, title and credits; total time allocation

Course Letter/Number PSY 140 Credits 4 Title Introduction to Psychology

Lecture/Discussion 60 hrs/semester Lab \_\_\_\_\_ hrs/semester Clinical \_\_\_\_\_ hrs/semester

## Catalog Description and Pre- and Co-requisites (Same as taxonomy and catalog)

Overview of the field of psychology, including learning, development, emotion, motivation, personality, abnormal behavior, and psychotherapy.

## Knowledge, Skills and Abilities Students Acquire from this Course (Educational Objectives)

1. Define psychology and explain how the focus of psychology is different from that of other social and biological sciences.
2. Describe the major features of the scientific method and explain the steps and key considerations in research.
3. Define basic psychological terminology and explain important features of major psychological concepts and theories.
4. Identify leading contributors to the field of psychology and describe their work.
5. Explain how biological, psychological, and social factors can affect behavior.
6. Identify and describe specific psychological principles in real life situations.
7. Critically analyze information about human behavior and distinguish between conclusions supported by scientific evidence and conclusions based on nonscientific ways of knowing.
8. Recognize real-life situations that may require professional psychological help and know how to use community resources to find help when needed.

## Associate Degree Outcomes Addressed in this Course (These must appear in course syllabus.)

**Associate Degree Outcomes:** Essential goals of the course include the achievement of several measurable outcomes defined by the college as vital to the educated individual at the Associate Degree level. Two such goals are embodied in this course, and will be assessed in the measures listed below. These two Associate Degree Outcomes are:

- The ability to evaluate, interpret, and analyze information from both written and verbal sources (ADO #7, Critical Thinking); and
- The ability to provide alternative interpretations of specific patterns of human behavior, consistent with current research and theories (ADO #5, Understanding Human Behavior and Social Systems).

## Units/topics of Instruction

- History and systems of psychology
- Research designs
- The nervous system, endocrine system, genes, and behavior
- Sensation and perception
- Development across the lifespan
- Consciousness
- Cognition and language
- Learning, conditioning, and behavior analysis
- Memory
- Motivation
- Emotion, stress, and health
- Social psychology
- Personality
- Psychological disorders
- psychotherapy

**Instructional Techniques and Procedures**

Lecture, discussion, large and small group work, media, frequent testing.

**Instructional Use of Computer or Other Technology**

Variety of technology used in presentation and demonstrations.

**Instructional Materials and Costs to Students**

Textbook

**Skills and abilities students should bring to the course:**

Able to read <input type="checkbox"/> a limited amount of material <input checked="" type="checkbox"/> an average amount of material <input type="checkbox"/> an above average amount of material	Able to compute <input checked="" type="checkbox"/> basic, pre-algebraic problems <input type="checkbox"/> simple algebraic problems <input type="checkbox"/> higher order mathematical problems
Able to read <input type="checkbox"/> relatively easy material <input checked="" type="checkbox"/> moderately difficult material <input type="checkbox"/> technical or sophisticated material	Able to write <input checked="" type="checkbox"/> short compositions <input type="checkbox"/> medium length compositions <input type="checkbox"/> lengthy compositions
Able to use <input checked="" type="checkbox"/> keyboard skills/familiar with computer technology <input type="checkbox"/> computer application <input type="checkbox"/> web navigation	Other necessary <input type="checkbox"/> Abilities <input type="checkbox"/> <input type="checkbox"/>

**The course is usually scheduled:**
 Day:    ☒ Fall    ☒ Winter    ☒ Spring    Evening:    ☒ Fall    ☒ Winter    ☒ Spring

Prepared by \_\_\_\_\_

Date \_\_\_\_\_

Approved by Dept. \_\_\_\_\_

Date \_\_\_\_\_

Approved by Dean \_\_\_\_\_

Date \_\_\_\_\_

Approved by Curr. Comm. \_\_\_\_\_

Date \_\_\_\_\_

(Last names, please)

Form Revised 12/4/00